

Wild at Heart – Week 1a

List your top five movies

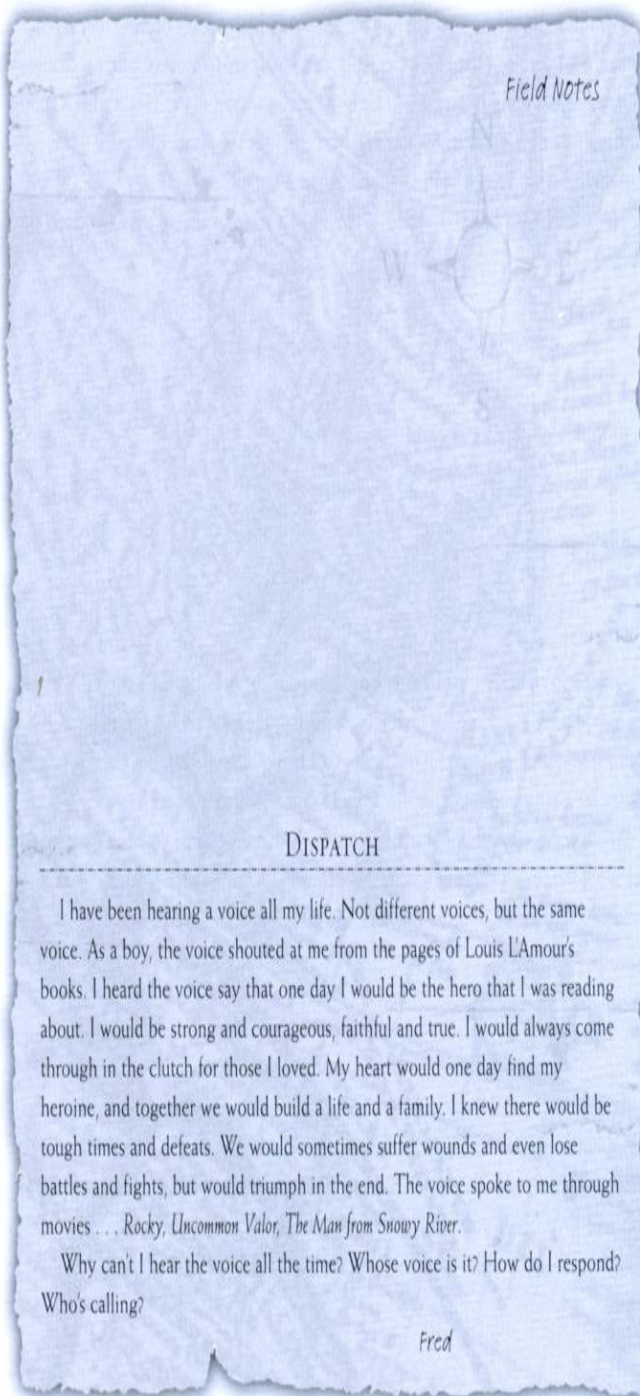
1. _____
2. _____
3. _____
4. _____
5. _____

If you could do anything for three months – fully funded – what would it be?

Who was your boy-hood hero? If you still have one who is it now?

In what situations does your aggressive side surface?

When/where do you most feel alive?



O Lord, open wide the eyes of my soul that I might see the true yearnings of my heart. Uncover my desire for adventure, battle, and beauty. Begin to dismantle all the messages that have challenged and assaulted your design of me. May your invitation to life as a man be forever before me. I accept the invitation to live from my deep heart. Father, use the words of this book and the meditations of my heart to guide, shape, and direct me in this journey that I might be the man you designed me to be. I ask this in the name of Jesus.