

## Wild at Heart – Week 3b

### The Question That Haunts Every Man

1. Following on from Week 3a Q2 –  
Where do you feel pulled to go for a thrill? Even if you haven't given in?  
Be honest!

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2. How strong is the lure of a beautiful woman or sexual fantasy?  
Have you ever found your eyes lingering too long on another woman?

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3. When are these desires strongest? Are they connected to disappointment, stress or pressure at work/home?

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4. How often do you talk to your wife/girlfriend on an intimate level?

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5. Do you often ask her how *she* thinks the two of you are doing?  
Have you *ever* asked her?

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*Field Notes*

#### A BREAK IN THE CLOUDS

Okay, I have a mission for you. But it may be the bravest thing you've ever done . . . and the most life-changing. Ask a few people who know you well— your wife, your older children, a friend or colleague—to give you some feedback about you *as a man*. It's hard to get an honest and candid reply, especially if they are not used to being asked for such information.

You might explain that you're working through some frank self-assessment, and ask them to answer you in writing, as a start.

#### INPUT FROM A FEW KEY MEN IN YOUR LIFE

What am I like to work with, or be a friend to, or go to church with?

How would you describe me as a man?

Am I the kind of man . . .  
you would follow into battle?  
you would invite on an expedition?

you would want as a business partner?  
you would seek advice from on your marriage or on raising your children?  
you would want to listen to for hours on spiritual matters?

Am I one of the best men you know?

#### INPUT FROM THE WOMAN IN YOUR LIFE

What am I like to live with?

Do you feel invited to share your heart with me, and would you feel safe doing so, confident that I would handle your heart well?

Do you feel pursued by me—that I am truly fighting for you?

Has our marriage turned out to be what you had hoped for as a young woman?

Do you look forward to sex with me?

*Make your thoughts a clean sanctuary. To God, our thoughts are things. Our thoughts are the decorations inside the sanctuary where we live. If our thoughts are purified by the blood of Christ, we are living in a clean room no matter if we are wearing overalls covered with grease. Your thoughts pretty much decide the mood and weather and climate inside your heart, and God considers your thoughts as part of you. . . . . Therefore, if you would cultivate the Spirit's acquaintance, you must get hold of your thoughts and not allow your mind to be a wilderness in which every kind of unclean beast roams and bird flies. You must have a clean heart.*

- A. W. Tozer (*How to be filled with the Holy Spirit*)